

Hello Everyone,

The following is a list of required equipment for the Mount Monadnock Trip this weekend. Based on past trips taken by the troop, Mr. Wenners took the time to put this list together us. Even if you are not going, please save a copy of this for future treks of this type.

Monadnock Packing List

Hiking Mt Monadnock can be a fun and enjoyable experience, as long as you are prepared for the climb.

To make it easier on you, each Scout should have the following items (in addition to the usual camping trip items) with them on this trip:

- Hiking boots – a good sturdy pair, preferably not brand new. It's not a good idea to take a hike like this in a brand new pair of boots. They could end up hurting you. Also, the boots should be waterproof, as the conditions on this mountain could vary greatly from the base to the top. Under no circumstances will sneakers be allowed. Likewise, all boots must be tied to the top for maximum support and safety.
- A comfortable pair of non-cotton socks for the hike.
- A small backpack to take on the climb. Everyone is required to carry their own backpack and it must contain:
 - A hydration bag or roughly 2-3 liters of water (that's roughly 6 of those small bottles of water everyone's used to drinking – you will drink it all) A gallon of water is not out of the question.
 - Extra socks for the climb
 - A winter hat and a pair of gloves, in case it's cold on top
 - An extra layer that you're not wearing on the hike (sweatshirt, sweater, etc...)
 - A personal first aid kit (just a small one, but just in case)
 - A whistle (in case you get find yourself alone for some reason and need to call for help)
 - A raincoat/rainpants/poncho (it could easily be raining/snowing on the top)
 - Room for your lunch
 - A small pocket mirror (for signaling) and a book of matches (in a plastic bag) – again, just in case you separate yourself from the group and become lost. Best to be prepared.
- A pair of non-cotton pants for the hike (think track pants, wind pants, etc...)
- Layers of clothing (base layer, shirt, sweatshirt, jacket)

Use common sense when packing, please. This is a fun climb, but the last quarter of the climb is 100% rock and is difficult. Likewise, this portion of the hike is above the tree line and subject to a completely different weather pattern than you may have been feeling on most of the climb up. Temperatures can easily vary 20-30 degrees colder than when you started at the bottom, so please plan accordingly. Shorts should not be packed for this trip. Daytime temperatures will only rise to the mid 50's on Saturday, with nighttime lows in the low to mid 30's – not factoring in the wind that will most assuredly be present as you get above the tree line. That's winter coat weather around here – so be smart and you'll be safe and have a great time. No one wants to be cold. Plan on packing your winter sleeping bag. Think of this as a winter campout and you'll be on the right track.